

About Dr. Judith Wright

DR. JUDITH WRIGHT (www.judithwright.com) is hailed as a peerless educator, world-class coach, lifestyles expert, inspirational speaker, best-selling author, and corporate consultant. Called one of “America’s Ultimate Experts” by *Women’s World* magazine, Judith demystifies what it takes to lead a great life in all areas—high work productivity and success, meaningful relationships, a thriving family life, career fulfillment, and more. She teaches proven, time-tested perspectives on how to have it all through her writing, teaching, coaching and public speaking. A media favorite, Judith has appeared on over 450 radio stations and 70 television shows, including ABC’s *20/20*, *Oprah*, the *Today* show, and *Good Morning America*. Over 70 magazines and newspapers across the country have featured her work, including *Marie Claire*, *Fitness Magazine*, *Health*, *Better Homes and Gardens*, *Shape*, *The New York Daily News*, *The Chicago Tribune*, *The Boston Herald*, and *The San Francisco Chronicle*.

Judith has inspired corporate audiences across the country including Aetna Healthcare, JP Morgan/Chase, Kelloggs, Chicago Consulting Actuaries, Abbott Laboratories, Baxter/Cardinal Healthcare, Miller Brewing Company, the National Association of Women Business Owners, the Society of Women Engineers, and many others. She coaches and trains C-level executives, managers, and entrepreneurs on career productivity and success as well as learning the skills to live a meaningful and integrated life.

A trailblazer in human development, Judith has been revolutionizing the personal growth industry. After twenty years of developing inspirational personal development programs, she co-founded the Wright Institute for the Realization of Human Potential, offering Masters and Doctoral degrees in Human Development and the Wright Leadership Institute in Chicago—a cutting edge coaching and training institute. She is also the founder of SOFIA (Society of Femininity in Action), a woman’s organization providing revolutionary leadership training for women.