

Responses

Complete the sentences below nightly for each day's exercise.

1. The most difficult aspect of today's assignment for me was:
2. The lesson about living my life and my One Decision that I want to keep in mind and apply in the future is:
3. My vision of my life with this assignment is:
4. My *Learns*—What I learned today is:
5. My *Grows*—The things I did differently today are: